



J.R. Tucker Athletics



FALL SPORTS Tucker High School Physical Packet Forms link

<https://www.tuckerathletics.org/main/otherad/contentID/903916>

SPORT	COACH	START DATE
Cheerleading	Branisha Meekins – bmeekins@eagles.bridgewater.edu	February 4
Boys Cross Country	Annette Sirica – annette_sirica@lourdesrva.org	February 15
Girls Cross Country	Annette Sirica – annette_sirica@lourdesrva.org	February 15
Golf	Jim Dorton - jmdorton@henrico.k12.va.us	February 15
Field Hockey	Megan Botteri – mkbotteri@henrico.k12.ca.us	February 15
Football	Phillip Sims – psims@rvaschools.net	February 4
Boys Volleyball	Sam Rock - ssrock@henrico.k12.va.us	February 15
Girls Volleyball	Steve Czatt - c-ray1998@comcast.net	February 15

WINTER SPORTS

SPORT	COACH	START DATE
Boys Basketball	Adam Desgain – adesgain21@gmail.com	CANCELLED
Girls Basketball	Mollie Pawlowski - mcpawlow@henrico.k12.va.us	CANCELLED
Gymnastics	Missi Radday – mnradday@henrico.k12.va.us	CANCELLED
Indoor Track	Annette Sirica – annette_sirica@lourdesrva.org	CANCELLED
Wrestling	Kevin Mable – kjmable@henrico.k12.va.us	CANCELLED
Swimming	Kristen Mistler – ksmistler@henrico.k12.va.us	CANCELLED

SPRING SPORTS

SPORT	COACH	START DATE
Baseball	Chris Didlake - rcdidlake@henrico.k12.va.us	April 12
Outdoor Track	Annette Sirica – annette_sirica@lourdesrva.org	April 12
Boys Soccer	Jim Dorton - jmdorton@henrico.k12.va.us	April 12

Girls Soccer	Sarah Rutherford - slrutherford@henrico.k12.va.us	April 12
Softball	Pat McGuire - james_mcguire@comcast.net	April 12
Boys Tennis	Jane Selden - jtselden@henrico.k12.va.us	April 12
Girls Tennis	Jesse Gauthier – jggauthier@henrico.k12.va.us	April 12

* Visit our website – www.tuckerathletics.org